

What You Can Do As a White Ally:

Not everyone can go to protests but that's ok!! There are many other ways to help the movement that are just as important and necessary. Here are a few examples:

- Read up on the history that is not taught like the Jim Crow Era, Black Wall Street, Black Panthers, The Willie Lynch Letters, and Mass Incarceration. There is an entire history that is ignored at great cost to the black community. Take the burden off the black community of educating the white or any community on inequity, they have to live it.
- If you don't quite understand privilege yet, that's ok!! Do more research. There are several good resources online and books. It's a journey and the fact that you are acknowledging that you have benefited from white privilege is a great start. Once there is a problem you can start working on a solution. That's the issue, some people don't see the problem.
- Hold those close to you accountable for their racial bias and apathy towards the movement. That is part of the point, it is a privilege to not have to think about race.
- Listen more. The black community has largely gone unheard. Create space for black voices to be heard without the danger of being drowned out by white voices and opinions.
- Hear black people when they are verbalizing how they need help. Don't assume you have a better answer. Collaborate with black communities, not for them.
- Donate to bailout funds, community restoration organization funds, community enrichment, legal defense funds, black LGBTQ+ funds, youth-oriented community organizations, NAACP Legal Defense and Educational Fund etc. There are all kinds of lists you can google.
- Patronage of black labor, art, business, and restaurants.
- Check in on black and brown folk in your lives, see if there is anything you can do. They are hurting and need people to hold space for them. (This one needs a little more direction, but I don't know how specific you want me to get)
- Vote!
- Write and call local government demanding racial equity. Give personal examples if you can about how it has affected you or those around you. However, in CO this seems to be less of an issue than it is here.

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