

February 2023

Daily Ritual Calendar: Lent at Home



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Week 1: Created in the Image of God</p> <p>Prayer: Holy One, we are made in your image, and we are human. We acknowledge that sometimes we aren't our best human selves. Turn our hearts toward your loving justice. Amen.</p>				<p>22</p> <p>Do the Ash Wednesday Ritual in this Lenten at-home guide, or attend a communal Ash Wednesday service.</p>	<p>23</p> <p>Read Joel 2:1. Find some noisemakers in your house - horns, bells, pots, and pans... and make lots of noise!</p>	<p>24</p> <p>Read Isaiah 58:1-12. This sounds a little bit like what Jesus said in Matthew 5:31-46. Respond to a need you see in the community around you.</p>	<p>25</p> <p>If someone were to do an inventory of your household life, where would they conclude your heart is?</p>
<p>Week 2: Shaped by Testing</p> <p>Prayer: Holy One, we acknowledge that we often miss the mark. We get tempted to do things that disconnect us from the way of Love, from creation and other humans. Turn us toward the way Jesus showed us. Amen</p>	<p>26</p> <p>Worship God in Community. Join us at BMC for our 9:30am service.</p>	<p>27</p> <p>Unwrap the gray ribbon on your candle to reveal the red wrapping (which symbolizes temptation). Place your gray ribbon in your centerpiece. Create some feet out of the clay on your centerpiece.</p>	<p>28</p> <p>Read Genesis 3:1-7. What do you think you would have done if you were the woman and the man?</p>				

March 2023

Daily Ritual Calendar: Lent at Home



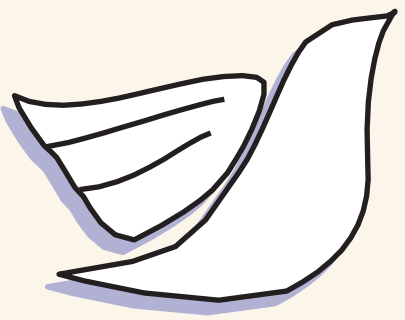
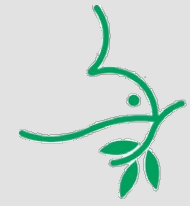



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 2: Shaped by Testing Prayer: Holy One, we acknowledge that we often miss the mark. We get tempted to do things that disconnect us from the way of Love, from creation and other humans. Turn us toward the way Jesus showed us. Amen				1 Read Psalm 32:5. Take a moment to acknowledge the times you haven't been your best human self. Forgive yourself and others.	2 Romans 5 essentially calls Jesus the "new Adam." Adam is closely related to the Hebrew word <i>adamah</i> , which means earth. Touch some soil and marvel at this connection of humanity with the earth.	3 Read Matthew 4:1-11. Part of Jesus being an authentic human was this time in the wilderness. What do you think Jesus' temptations really were?	4 Take some time to reconnect today - with humans, yourself, or creation. Know that you are reconnecting with the Divine.
Week 3 : Shaped by New Birth Prayer: Holy One, sometimes following Jesus means letting go of what has been and stepping into something new. That's hard for us to do. May we be forgiven for the times when we've held on too tightly. Help us release what we need to so we can walk in love and beauty. Amen.	5 Worship God in Community. Join us at BMC for our 9:30am service.	6 Unwrap the red ribbon on your candle to reveal the orange wrapping (symbol of new life). Place your red ribbon in your centerpiece. Add legs to the clay feet in your centerpiece.	7 Read Genesis 12:1-4a. God called Abram, and he went. When are times in your life you have responded to God's call?	8 Go outside and read Psalm 121.	9 Read Romans 4:13-17. Abraham's belief in what God called him to be was a little ridiculous! When has it been hard for you to believe?	10 Read John 3:1-17. Jesus tells Nicodemus he needs to be "reborn." What has or would rebirth look like for you? Another way to think of this is having a fresh start.	11 Get up early and watch the sunrise. Breathe in the crisp morning air and notice the sense of promise this time of day brings.
Week 4 : Shaped Through Thirst Prayer: Holy One, our desire is to be closer to you. Help us be in touch with our needs and our thirsts and follow them to your way. Amen.	12 Worship God in Community. Join us at BMC for our 9:30am service.	13 Unwrap the orange ribbon on your candle to reveal the blue wrapping (symbol of water). Place orange ribbon in your centerpiece. Add a torso to the clay legs in your centerpiece.	14 Read Exodus 17:1-7. Remember and tell stories about when you were really, really thirsty.	15 Read Psalm 95. Grab some instruments or pots and pans and make a joyful noise.	16 Read Romans 5:1-5. Do an activity that requires endurance - see how long you can be quiet, or sing a note, or stand on one foot...	17 Read John 4:5-42. How did Jesus help the woman be her most authentic human self?	18 Enjoy some water today. Drink it, take a bath, hand wash some dishes, pour it, explore it!
Week 5 : Called to the Light Prayer: Holy One, we acknowledge that we don't always see ourselves and others in the light of Love. Shine your light on us and the people around us so that we can see humanity in all its beauty. Amen.	19 Worship God in Community. Join us at BMC for our 9:30am service.	20 Unwrap the blue ribbon on your candle to reveal the yellow wrapping (symbol of light). Place blue ribbon in your centerpiece. Add arms to the clay person in your centerpiece.	21 Read 1 Samuel 16:6-13. God saw something in David. What do you imagine God sees in you?	22 Read Psalm 23 outside.	23 Read Ephesians 5:8-14. Take a walk outside - in daylight or guided by flashlights. Literally, walk in the light.	24 Read John 9:1-41. Touch the humus in your centerpiece and imagine mixing that saliva and putting it on someone's eyes.	25 Play with light. Shine it in shadows, reflect it with mirrors, sit in sunlight...get creative!
Week 6 : Called to Life Prayer: Holy One, we acknowledge that we don't always want to let Love in. We sometimes run away from the life that you give. Help us have the courage to let your Spirit animate us and bring us to new life. Amen.	26 Worship God in Community. Join us at BMC for our 9:30am service.	27 Unwrap the yellow ribbon on your candle to reveal the green wrapping (symbol of life). Place your yellow ribbon in your centerpiece. Add hands and a neck to the clay person in your centerpiece.	28 Read Ezekiel 37:1-14. Relax your body and feel your bones. Breathe deeply and imagine the Holy Spirit bringing you to life.	29 At nighttime, go outside and read Psalm 130 out loud.	30 Read Romans 8:6-8. Think through your morning routine, a time when we focus on getting our bodies ready for the day. What would it look like to orient your morning (and body care) toward God?	31 Read John 11:1-45. Imagine it happening. Act it out. Create parts of it with the clay on your centerpiece. Imagine the sounds, sights, and smells of the story.	

April 2023

Daily Ritual Calendar: Lent at Home



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Week 7 : Called to Worship</p> <p>Prayer: Holy One, we're in that week of the year when we remember Jesus coming into Jerusalem to shouts of joy. And then we remember how Jesus was tested and made fun of and hurt. He was human and felt those things just like we would. Jesus showed us the way to walk with integrity. May Love be with us as we journey with Jesus this week. Amen.</p>	<p>2 It's Palm/Passion Sunday! </p> <p>Worship God in Community.</p> <p>BMC will hear the story of Jesus' last days and partake in communion. Come join us.</p>	<p>3 Unwrap the green ribbon on your candle to reveal the purple wrapping (symbol of worship). Place your green ribbon in your centerpiece. Give the clay person in your centerpiece a head.</p>	<p>4 Read Psalm 31:9–16. Jesus knew this song. Imagine when he might have said it or thought about it during the week leading to his death.</p>	<p>5 Read Philippians 2:5–11. Form a cross out of the clay on your centerpiece, or out of sticks or other found materials, and place it on your centerpiece.</p>	<p>6 Do the Maundy Thursday ritual in this resource, or attend BMC's agape meal and foot washing service, 6:30pm.</p> 	<p>7 Unwrap the purple ribbon on your candle to reveal the black wrapping (symbol of death). Place the purple ribbon in your centerpiece. Do the Good Friday ritual in this resource or attend a communal worship service.</p>	<p>8 When Jesus died, the Light of the World went out. Don't turn on any lights today.</p>
	<p>9 Easter Sunday Happy Resurrection Day! Worship God in Community. Join BMC for breakfast at 9:30am, worship at 10:30am.</p> <p>Unwrap the black ribbon on your candle to reveal the gold wrapping (symbol of resurrection). Place the black ribbon in your centerpiece. Animate your clay person with a facial expression. Choose from the Easter Day activities in this resource as you celebrate resurrection!</p>	 <p>Mennonite Education Agency</p>  <p>LENT At Home</p>					